

Covid19 - Handbook Addendum

General

- 10 Practices prior to first competition
 - Per NYSPHSAA only in-person practices count towards this total (no remote practice).
- First meets on Saturday 10/10/2020

Masks for Participants and Coaches

- Athletes must wear masks for all activities unless unable to tolerate it during strenuous physical activity.
- When not engaged in activity athletes should have masks on.
- Coaches required to wear masks 100% of time.
- Properly dispose of disposable masks.
- Bandanas and gaiters are not acceptable face coverings.

Social Distancing

- Athletes, Coaches and Spectators are expected to maintain social distancing.

Spectators

- Maximum two (2) spectators per athlete.
- Spectators must wear masks.
- Spectators should not be gathering in the following areas:
 - Starting line area
 - Finish line area
 - Team/athlete areas

Parks considerations

- Shelters and lodges are all off limits (most have been rented).
- Be considerate of park guests in/around rented areas.
- Restroom facilities are ok to use if they are not in/attached to shelter/lodge.
- Be respectful of the facilities, we are guests.
- Keep parks clean (ie do not leave disposable masks on ground).
- To avoid congestion in the parks, afternoon teams should not arrive before 1:00pm.

Meet Procedures

- Both schools bring AED.
- Home school brings sanitizing station.
- Each school will provide at least 1 site supervisor for crowd control duties around start and finish areas.
- Home school should rope off start and finish areas providing a minimum distance of 12 feet between athletes and spectators (spectator restraining line).
- Race order:

Race	AM Start	PM Start	# of competitors
Varsity Boys	10:00	2:00	Maximum 12 per school
Varsity Girls	10:30	2:30	Maximum 12 per school
JV Boys	11:00	3:00	Maximum 12 per school (NO SENIORS)
JV Girls	11:40	3:40	Maximum 12 per school (NO SENIORS)

- 7 athletes on start line with up to 5 teammates behind them (social distance guidelines).
- No finish chute will be used beyond the finish line.
- No place cards will be distributed.
- Officials duties at finish: 1 will take times, 1 will record team order of finish.
- Home school will hire a 3rd "Safety Official" or supply an additional site supervisor
- Coaches will be responsible for recording names of their own athletes.